

**SHAMANIC COURSES OPEN TO ALL
FOUNDATION COURSE IN CELTIC & ANCESTRAL SHAMANISM:
LEVEL A TRAINING**

This course begins the Level A training. If you want to see the shape of the curriculum, go to:

<http://www.hallowquest.org.uk/resources/curriculumtraining.pdf>

30-31 March and 21-22 Sept 2024 **WALKERS BETWEEN THE WORLDS 34th UK Foundation Course in Celtic & Ancestral Shamanism** with John Matthews and Wil Kinghan. (NOTE: *the first part is over the Easter Weekend.*) This course teaches students to journey, heal, quest and arbitrate along the ancient paths of wisdom, gathering spirit allies. We ground in the ancient mysteries of our native shamanic tradition, gathering as a clan of the sacred earth.



30-31 March 2024, we begin with Part One, **THE TREE OF TRADITION: Walking Between Worlds**, concentrates on acquiring journey skills, learning the basics in a supportive and friendly environment.

21-22 Sept 2024, we continue with Part Two, **SACRED COMPANIONS** Deepening Our Spiritual Connection with Allies, which builds upon the relationship with our spirits, and helps balance our shamanizing. We explore the basic healing skills & deepen our journeying.

Held in North Moreton, Oxon. *Take both weekends to qualify for Level B courses.* Total fee £520. (£260 for each weekend). Food is £40 per weekend extra, including a substantial, varied lunch, with tea, cake and biscuits. Or, for those bringing their own lunch, £10 for teas and cake. Send a deposit of £150 payable to 'John Matthews' to Jane May, Briarwood, Long Wittenham, Oxon OX14 4QW (01865 407680.) Held in North Moreton, Oxon. Contact Jane May for bank transfers or course details: janedmay@btinternet.com

New for 2024 – Our First IRISH FOUNDATION COURSE:

23-25 February 2024 and 18-20 October 2024. 1st Irish WALKERS BETWEEN THE WORLDS Foundation Course in Celtic & Ancestral Shamanism with Margot Harrison, Cáit Branigan and Kait Curtis. This two-part course teaches students to journey, heal, quest and arbitrate along the ancient paths of wisdom, gathering spirit allies. We ground in the ancient mysteries of our native shamanic tradition, gathering as a clan of the sacred earth. Held at Danu Lodge in Co. Wexford, Ireland. <http://www.danulodge.com/> Fees: Residential sharing is 480 Euros, non-residential 340 Euros, including vegetarian and gluten-free options. Booking: Non-returnable deposit of 150 Euros to Kate Curtis kaitcurtis@icloud.com Phone +353 (0) 872325383

Margot Harrison is an experienced healer, shamanic practitioner and mentor working within the traditions of these lands. She has a practice on the border between Sligo and Roscommon in the west of Ireland. She teaches alongside John and Caitlin Matthews on their Hallowquest teaching programme and runs workshops locally and online. **Kate Curtis** has a background in nursing and midwifery works as an acupuncturist and herbalist. She also works as a Grof breathwork teacher/facilitator and supervisor. She has trained with Caitlin and John Matthews in Celtic Shamanism and runs a small retreat centre near

Gorey in County Wexford. **Cáit Branigan** is one of the senior teachers of our training programme: she is a bean-feasa with a practice in Wexford, who teaches internationally.

INTERMEDIATE LEVEL SHAMANIC PRACTITIONER TRAINING: LEVEL B

For those who've completed the Foundation Course.

Please take Thresholds of Power First and then Midwifing the Soul: as these as the two hands of healing Courses marked * are £20 cheaper to those who subscribe to FIOS – see details below.

1-4 October 2023 *MIDWIFING the SOUL (Sunday-Wednesday) with Caitlín Matthews & Dr. Angela Cotter This residential course teaches the essential skills of shamanic soul healing, exploring the nature of the soul, soul-loss, soul retrieval, and how intrusions are removed for soul to return. We also explore how healing can be brought by the Reconsecration Ritual. Only for those who completed *Thresholds of Power*: we do not accept students trained elsewhere on this course. At Little Earth, Earthspirit. PRICES Non Res £356, Camping £396, Standard £420, Ensuite £450 + Single occupancy £44 extra, Special diets £30 extra. BOOKING: Non-returnable deposit of £175 to Jane May, Briarwood, Long Wittenham, Oxon OX14 4QW (01865 407680) janedmay@btinternet.com.

24-27 March 2024 (Note: Sunday-Wednesday) *THRESHOLDS OF POWER & HEALING with Caitlín & Margot Harrison at Little Earth, Earthspirit, Compton Dundon Somerset. This course teaches a full range of shamanic healing ways including plant-spirit healing, extraction of intrusions, embodiment of personal allies and includes the shamanic ceremony of *The Mare Mother's Dream-Dance*. This course is an essential next component for shamanic practitioner training. Held at EarthSpirit's Little Earth centre, Dundon, Somerset. Non Res £366, Camping £412, Standard £436, Ensuite £462 + Single occupancy £45. Special diet £76 extra. BOOKING: Non-returnable deposit of £175 to Jane May, Briarwood, Long Wittenham, Oxon OX14 4QW (01865 407680) janedmay@btinternet.com

NOTE FOR STUDENTS WHO HAVE TRAINED SHAMANICALLY ELSEWHERE.

If you are journeying fluently, have a good and trusting relationship with your allies and can conduct yourself with focus and compassion, let us know the nature of your training and its duration: we will assess your response and, if we feel it appropriate, ask such students to start with the Intermediate Courses first, so that we are all on the same page!

***9-12 September 2024 MIDWIFING the SOUL** (Monday-Thursday) with Caitlín Matthews & Dr. Angela Cotter This residential course teaches the essential skills of shamanic soul healing, exploring the nature of the soul, soul-loss, soul retrieval, and how intrusions are removed for soul to return. We also explore how healing can be brought by the Reconsecration Ritual. Only for those who completed *Thresholds of Power*: we do not accept students trained elsewhere on this course. Held at EarthSpirit's Little Earth centre, Dundon, Somerset. Non Res £366, Camping £412, Standard £436, Ensuite £462 + Single occupancy £45. Special diet £76 extra. BOOKING: Non-returnable deposit of £175 to Jane May, Briarwood, Long Wittenham, Oxon OX14 4QW (01865 407680) janedmay@btinternet.com

ADVANCED LEVEL SHAMANIC PRACTITIONER TRAINING: LEVEL C for those who've completed Intermediate Level B.

Note: The Advanced Level courses run over a 3-4 year cycle and are not all available every year. When there are sufficient students to activate it, we open up Level D courses every five years or so, depending on numbers. The nature of this training takes into account that people will fall out or need to stop for a few years between courses. We don't require that you take the full curriculum without a break, as we know that life happens! This way you can work your way through the levels in order, in real, rather than in serial time.

19-22 November 2023 VOYAGES OF THE SOUL: SHAMANIC WISDOM OF DEATH with Caitlín Matthews & Angela Cotter. This course explores the shamanic wisdom of death; the help that can be brought to the dying; the healing available around bereavement, hauntings, unfinished business and ancestral bequests. We will find allies, rituals and passports to our own living and dying, exploring how we pass through death's labyrinth to emerge as living souls. We will learn how to make soul-houses for our kindred. *The Soul Friends Moon Boat Ritual* offers initiation to all participants so that they may be consecrated as an Anam-Cara or Soul Friend, a soul-midwife to the dying, wherever that service is required. We will discuss Celtic death-customs and seek new personal allies to help us in our work. The beautiful surroundings of EarthSpirit, under the shelter of Dundon Beacon and the guardian wisdom of the ancient yew, will cradle our gathering in its secure embrace. *Unsuitable for the recently bereaved.* At EarthSpirit, Somerton, Somerset. PRICES: Non res: £396, Camping: £448. Standard (Dairy/Dorm) £456. Ensuite £469. Cordwood ensuite £480 + All Single occupancy carries a supplement of £40. Send a £150 non-returnable deposit payable to **Caitlín Matthews** to Jane May, Briarwood, Long Wittenham, Oxon OX14 4QW (01865 407680) janedmay@btinternet.com



4-7 February 2024. *CRUTHNEACHT: Way of the Shapers:
with Caitlín Matthews & Dr. Angela Cotter

Ancestral European lore is full of embodiment traditions that are our ancestral heritage: guizing, animal-disguise, embodying ancient territorial spirits, beings who enable the hunt or the fertility of the fields, seasonal guardians, radiant ancestors and tribal gods. In our own literal-minded times we need the enchanted reminder of the spirits who walk among us once again so that we may rededicate and reconsecrate our world. When we learn the Way of Union through the songs and dances that our spirits teach, our whole community becomes enriched and nourished

This course will teach the Art of Embodiment, working closely with our own spirits in journey, ritual, dance, song, dream and silence. In addition, we will explore the shapeshifters' art of **Fith Fath**, the druidic way of invisibility, when the shapes are hidden from sight for vital protection. Participants will have the opportunity to experience **Cruthneacht** themselves through journey as well as through the ritual of **The Spirit Assembly: Gladdening the Land** that helps enrich our community. We will also discover how the Way of the Shapers can become an intimate part of our work with individuals, enabling powerful change, dynamic healing and ecstatic unity. It is essential that applicants have at least four years' journeying experience and have a strong relationship with their spirits before applying. *NOTE: Applicants will receive a homework pack to prepare for this course: prior preparation by journeying and assembling of materials will be required.* At EarthSpirit, Somerton, Somerset. Non res: £412, Camping: £458. Standard (Dairy/Dorm) £482. Ensuite £508. Cordwood ensuite £558. There is a single occupancy supplement of £45. Special diet £76 extra. Send a £150 non-returnable deposit payable to **Caitlín Matthews** to Jane May, Briarwood, Long Wittenham, Oxon OX14 4QW (01865 407680) janedmay@btinternet.com

4-7 July 2024 TENDING THE HEARTH: HOUSE CLEARING IN THE CELTIC TRADITION Led by **Cáit Branigan and Caitlín Matthews**. The tradition of house-clearing in Ireland and Britain is ancient and still holds a strong place in the spiritual traditions of those lands. We will explore the core elements of house-clearing, focusing on work with ley/dragon lines and underground streams; clearing of negative/blocked energies; communication with spirits and the 'hauntings' and the blessing of the home. Learn how to apply these skills from an experienced *bean feasa* who clears houses professionally. *This course is for those who can journey fluently: not suitable for beginners. Participants require a strong access to inner guidance as experienced through, for example, journeying, spiritualism or deep meditational practice.*



CÁIT BRANIGAN (left) is an ordained Priestess Hierophant, a *Bean Feasa* (Shamanic Practitioner) and healer working within the Irish tradition. She teaches groups and conducts ceremonies, teaching internationally. She teaches regularly on the Walkers Between Worlds curriculum. Caitlín Matthews teaches the traditional art of singing the landscapes of the soul, a method she uses in her shamanic practice in Oxford. Her work on the three cauldrons text is taught in a practical way on this course.

Prices. Single: £645, Shared: £570 Non-Res: £465, Please send your non-returnable deposit of £120 payable to Hawkwood College, Painswick Old Rd., Stroud, Glos GL6 7QW (01453 759034)

INTRODUCING OUR GUEST SHAMANIC CO-TEACHERS in 2023-4

Dr. ANGELA COTTER is a Jungian analyst who integrates constellations work, energy psychotherapy and shamanic approaches into her practice.

MARGOT HARRISON is an experienced healer, shamanic practitioner and mentor working within the traditions of Ireland and Britain.

KATE CURTIS works as an acupuncturist and herbalist and a Grof breathwork teacher/facilitator. She runs a small retreat centre near Gorey in County Wexford.

CAIT BRANIGAN is a *Bean Feasa* and healer working within the traditions of Ireland. She teaches worldwide. Listen to her being interviewed here: <https://www.youtube.com/watch?v=WusbNPoKLsk>

WIL KINGHAN is an Irish artist, writer, shamanic practitioner, and explorer of Celtic traditions.



FOUNDATION FOR INSPIRATIONAL & ORACULAR STUDIES

FÍOS is dedicated to the sacred arts that shape the landscape of the soul, via vision, dream, memory.

Membership is £50, offering £20 discounts on selected courses. Cheques payable to Caitlín Matthews or PayPal to tigerna9@aol.com

MAGICAL AND MYTHIC COURSES & OTHER EVENTS

*These courses, events and signings are open to all who are on their spiritual path. FIOS MASTERCLASSES offer opportunities to deepen spiritual practice with a living exemplars of traditional wisdom. Courses marked * give £20 member's discount.*

22 Sept 2023 THE HEART OF DIVINATION with John and Caitlín Matthews.



What is the place of divination today? How do we understand and engage with oracles and card systems? Drawing upon their lifetime's experience as oracle originators, ritualists, and readers, John and Caitlín look at how we divine, the importance of the questions we ask, and just how the universe responds. This talk is held at Watkins Bookshop. 3 Cecil Court, London between. 5.30-6.30pm. Tel. 020 7836 2182 service.watkinsbooks@gmail.com or sign up at: <https://www.watkinsbooks.com/events>

23 October 2023 THE PLACE OF OUR TRUE ABIDING: HEALING THE ANCESTRAL COMMUNION THROUGH THE LAND As part of William Bloom's online *Experiential Metaphysics* program, Caitlín is speaking about the belonging of the Ancestors and the land.

Ancestors are not only human but also animal, plant and the land itself, as well as spiritual presences who are not incarnate but who have their own abiding. These ancestors form a collective of wisdom that is contactable within the landscape and at certain nexus points. This sacred ancestral continuum exists out of time and space, but many have lost their communion with this totality of being, leaving many without the support of our timeless wisdom. Reconnection to this communion is found through the sacred land, with which everyone can find connection to ancestral contacts and the deeper understanding. Through pilgrimage, spiritual patterning and meditation with these contacts, we restore the ancestral communion to the benefit of all that is. More details of the Experiential Metaphysics programme are found here: https://theshiftnetwork.com/course/06Metaphysics01_23?utm_source=vanity

1-3 December 2023 THE VISION OF ALBION - Keeping Faith with an Abiding Myth.

With John & Caitlín Matthews, with special guest, Dr. Simon Wilson



In his novel, *That Hideous Strength*, C.S. Lewis wrote: 'Something we may call Britain is always haunted by something we may call Logres,' and so it with Albion, one of the other ancient names for this island. The vision of Albion has not been forgotten: it lies beneath the construct we call Britain as an abiding myth that calls us to awake and remember the spiritual lore and heritage of our land. On this our 39th annual mystery school weekend - open to all - we explore the indwelling sense of Albion as the inspired level of the land, and consider the nature of that call to awaken. What does it mean to honour that vision? How do we embody it? Together, we will hold high the lantern that we may be walk that path again, with integrity, faith, and joy. Image: *Glad Day* by William Blake

Dr Simon Wilson is a Senior Lecturer in the Faculty of Arts, Humanities and Education at Canterbury Christ Church University. He has a special interest in landscape, love of learning, and the mystical theology of the Eastern Orthodox Church. You are cordially welcome to join us for the 39th meeting of our mystery school weekend, which is open to all, as we enter the deepening of winter's magical unfolding. Prices to be confirmed: Single £410, Shared £370, Non-Res £310. Non-returnable deposit of £120 at Hawkwood College, Painswick Old Rd., Stroud, Glos GL6 7QW (01453 759034)

4-5 May 2024 MEGALITHOMANIA CONFERENCE. As part of the conference, Caitlín will be leading a practical session on: *Temporal Resonance: Timeless Belonging: Sounding the Ancestral Landscape..* We inhabit a land whose sacred monuments were created by ancestors for their descendants, not only for themselves. Caitlín will explore the ancestral signature of those places that still call to each of us, to understand ourselves as part of a community through time. We will also sound our participation in the Perpetual Choirs of Song, whereby we infuse with song the sacred land, bridging time and timelessness in one bond. Held in Glastonbury, Somerset. Booking: www.megalithomania.co.uk

22 June 2024 MAGICKAL WOMEN CONFERENCE Caitlín appears as the guest of honour next year which is held in Birmingham. 25 diverse speakers on the history, practice, and art of women in the occult will be speaking and teaching. The event includes a catered lunch, the (in)famous raffle, and vendor room. Regular price £75. Booking here: <https://www.magickalwomenconference.com/events>

***23-26 August 2024 THE TREE, THE GARDEN AND THE HEALING OF THE WORLD: A FIOS Masterclass in Qabalah with Ian Rees, introduced by Caitlín Matthews**



IAN REES is a psycho-spiritual psychotherapist practising in Glastonbury Somerset UK. He has been a therapist for 30 years. He has been a practitioner of the Qabalah for 52 years; his original teachers were W E Butler and Tom Oloman. He has taught Qabalah in UK, South Africa and Israel for many years. He has written two books on the tradition *Keys to the Temple* (with Penny Billington) Aeon Books 2022, and *The Tree of Life and Death* Aeon Books, 2022, on which this course is based. <https://www.annwnfoundation.com>

The tradition of the Qabalah is central to the development of the Western Mysteries and at its heart is the ancient image of the Tree of Life that unites opposites, deepens the web of connection and irrigates soul and world. Working with the Tree empowers and embodies our imaginations so that we discover ourselves to be *B'tzelem* - the living image of the Divine - and we are helped to understand our capacity to create and bless. We will explore the roots of this tradition in ancient Egypt, go on to explore the earliest traditions of the Kabbalah, drawing on Ezekiel's vision of the Temple and the Valley of dry bones, the 87th psalm of the Korahite priesthood and consider how these traditions were presented in the work of contemporary Qabalists W E Butler & Tom Oloman, the teachers of Ian Rees. We will explore the Tree as an inner mandala finding our connection to Malkuth the sphere of the living body and living world, then we meet the inner dialogue of thought, feeling and memory; passing through it into the heart presence of Tiphareth the sphere of beauty and mediation. Through this heart presence we touch on the deep stillness that underlies all manifestation. A fundamental practice of prayer, contemplation and embodiment will be outlined based on the ancient Egyptian forms of the Eloquent Peasant, the Good Shepherd and the Silent Sage which will enable us to connect with the sacred and become a living icon, connected to the flow of the universe. *Prices.* Single: £645, Shared: £570 Non-Res: £465, Please send your non-returnable deposit of £120 to Hawkwood College, Painswick Old Rd., Stroud, Glos GL6 7QW (01453 759034.)

29-1 December 2023 is the date of our 40th Anniversary of teaching at Hawkwood College: we will announce details of this special event in due course, but give you the date for

your forward diary, so you may book as soon as it is announced. We hope that many of those who joined us back in 1985 and onwards will be able to attend, so that we may enjoy a reunion of the Company of Hawkwood once more.