

SHAMANIC TRAINING COURSES

SHAMANIC COURSES OPEN TO ALL:

These introductory courses are suitable to all people of spiritual intention, honest commitment and general good health. They are not suitable for those with mental health problems, nor are they a substitute for therapy. See FiOS on our website for full curriculum & training outline <http://www.hallowquest.org.uk/hallowquest-fios-courses.html>

FOUNDATION COURSE IN CELTIC & ANCESTRAL SHAMANISM: LEVEL A TRAINING



John Matthews, Oxford 2008

JOHN MATTHEWS was the first person to open up the field of Celtic shamanism. He is the author of *The Celtic Shaman and Taliesin*, among many other titles. He teaches all over the world and is frequently consulted as an historical advisor. He worked on Jerry Bruckheimer's *King Arthur*. With Caitlín Matthews and Felicity Wombwell, he is a founder member of FiOS. He welcomes shamanic beginners to explore the path of the Gléifiosa or Bright Knowledge, and to learn how to journey in a safe and friendly environment.

20-21 March & 18-19 September 2010 WALKERS BETWEEN THE WORLDS led by John Matthews and Wil Kinghan. For shamanic beginners, this 2 two part non-residential course teaches students to journey, quest, heal and arbitrate along the ancient paths of wisdom, gathering spirit allies and knowledge of ancestral and Celtic methods of shamanic work. We ground our shamanic training in the ancestral mysteries of our native shamanic tradition, gathering as a clan of the sacred earth to honour our spiritual calling. Total fee for both weekends is £382. Send non-returnable deposit of £170 (£85 for each part of the course) payable to *John Matthews*, to Jane May, Briarwood, Long Wittenham, Oxon OX14 4QW (01865 407680.) Held at a new centre in North Moreton, Oxon. *Both weekends must be attended to qualify for intermediate and advanced courses.*



**23-26 September 2010, 10-13 February 2011
& 1-4 September 2011**

THE SACRED ARTS OF HEALING:

Shamanism and Spirituality in
Our Everyday Work

A three part programme for
healers, carers and therapists

**Angela Cotter, Caitlín Matthews
and Felicity Wombwell**

The Sacred Arts of Healing is a new shamanic programme enabling healers, therapists and carers to learn how to be conscious co-walkers with the spirits of healing. Prayer, song, symbols, ritual, silence, listening, dreams, visions and the wisdom that they bring are the true transmitters of healing – factors that are rarely taught today in most systems of care.

Working within the context of the North West European shamanic traditions and its healing arts, participants are encouraged to develop their own individual spiritual pathways, to draw nearer to the roots of the core spiritual experience which precedes all healing. We will explore this by means of the shamanic journey, through dream, art, dance, song, ritual, oracle,

vigil and incubation. When our own vocational contract and sacred practice are included we cease to experience the distress, burn-out, soul-loss and spiritual fatigue so often found in therapeutic work, and enter more deeply into a sacred relationship that sustains us.

Applications are welcomed from those who work full-time with the vulnerable: therapists, teachers, carers, nurses, social workers, healers, priests, psychotherapists etc. *All spiritual backgrounds are welcomed on this programme. Please request a questionnaire which is a prerequisite for joining this programme from Caitlín at tigerna9@aol.com.*

NOTE: All three courses must be attended. No further applications will be taken once the programme has begun. All accommodation is sharing with one other & numbers limited to 22 only. Completion of this course leads onto Intermediate level of shamanic training, if desired.

23-26 September 2010 COURSE ONE: DISCOVERING LANDSCAPES OF THE SOUL

We discover our shamanic allies and begin to explore the landscapes of the soul with their help. We consider what healing is; we learn about the nature of our relationship with the gods and spirits of healing, with our clients and with ourselves.

10-13 February 2011: COURSE TWO: DREAMING THE SOUL AWAKE We take the work deeper by exploring the wisdom of the dream and journey through silence, embodiment, incubation and vigil. By entering into the silence we welcome the wisdom that helps us sustain our healing relationship and so trust with greater confidence in our daily work.

1-4 September 2011: COURSE THREE: SPEAKING THE LANGUAGE OF THE SOUL We prepare for re-entry into our workplaces as priests and priestesses of the healing gods & spirits by rededication of our vocational gifts.

THE TUTORS: **Dr Angela Cotter** is a Jungian analytical psychotherapist who directs a PhD programme in psychotherapy & counselling studies. She has a background in nursing and has worked widely in health services research, especially with older people and those with dementia. Her research on 'the wounded healer' led her into shamanism training with Caitlín. She has studied ancestors & transgenerational trauma in systemic constellations and trained with Broughton, Mahr and continues training with van Kampenhout. **Caitlín Matthews** has been teaching and practising shamanism since 1990. Her original research into the shamanic and ancestral traditions of Britain and Ireland has been widely published. She is in continuing Systemic Ritual training with Daan van Kampenhout. **Felicity Wombwell/Aldridge** has worked as a psychotherapist & shamanic consultant for the last 20 years. Her main area of interest is how the arts help in the healing process. She works with others, using creative processes to find symbols to aid transformation. Felicity continues with her own arts practice and has hosted shamanic groups for many years. She is the author of *The Goddess Changes*.

FEES: Shared: £1280, Non-Res: £1100. Please send a non-returnable deposit of £300 payable to HAWKWOOD COLLEGE and SAE for map and details to Hawkwood College, Painswick Old Rd., Stroud, Glos GL6 7QW. Tel: 01453 759034

info@hawkwoodcollege.co.uk. www.hawkwoodcollege.co.uk

INTERMEDIATE COURSES FOR PRACTITIONER TRAINING LEVEL B. *Courses marked # are open to Foundation Course graduates & to experienced clients from Caitlín's shamanic practice. Applications from experienced others need a letter of recommendation from an ethical shamanic teacher: such applicants may be asked to complete some practical shamanic work before acceptance. See FiOS on www.hallowquest.org.uk for full curriculum*

#3-6 Oct 2010 MIDWIFING THE SOUL with Caitlín Matthews & Cait Brannigan. This course teaches shamanic methods of soul-retrieval, extraction of spiritual intrusions and practical ways to guard the three souls. We will explore the Celtic concept of the soul and its re-enchantment, through the profound medium of soul-singing. Considerable pair-work is involved. **Take *Thresholds of Power* first.** At EarthSpirit, Somerton, Somerset. Dairy/Dorm £355, Caravan £352, Cowsheds £373, Camping £329 + £25 supplement for single room + £10 supplement for special meal requirements. £20 discount for FiOS members. Send a £150 non-returnable deposit payable to Caitlín Matthews to Jane May, Briarwood, Long Wittenham, Oxon OX14 4QW (01865 407680) janedmay@btinternet.com

#2 -5 October 2011 THRESHOLDS OF POWER AND HEALING with Caitlín Matthews and teacher to be announced. This residential course teaches a full range of shamanic healing ways including plant-spirit healing, extraction of intrusions, embodiment of personal allies and includes the shamanic ceremony of *The Mare Mother's Dream-Dance*. This Level B course is an essential component for those wishing to train as shamanic practitioners. At EarthSpirit, Somerton, Somerset. Cowsheds/ Skylight £412, Dairy/Dorm/Caravan £398, Camping/Non-Res £353 Single Room Supplement £25 extra. £20 discount for FiOS members. Send a £150 non-returnable deposit payable to Caitlín Matthews to Jane May, Briarwood, Long Wittenham, Oxon OX14 4QW (01865 407680) janedmay@btinternet.com



Caitlín Matthews, Oxford 2008

CAITLÍN MATTHEWS teaches the practical applications of ancestral and Celtic traditions. She is the author of many books, including *Singing the Soul Back Home*. Her soul-singing and embodiment work uniquely bring the ancient healing traditions to everyday life. She has a shamanic practice in Oxford.

FELICITY WOMBWELL is an artist, psychotherapist and shamanic practitioner. The author of *The Goddess Changes* and co-author of *Green Living*, she is researching how images aid recovery from trauma for her next book about *Healing Art*.

ANGELA COTTER is a Jungian analytical psychotherapist. Her research on 'the wounded healer' led her into shamanic training with Caitlín. Together they are in continuing systemic ritual training with Daan van Kampenhout, exploring transgenerational trauma.

ADVANCED SHAMANIC COURSES FOR PRACTITIONER TRAINING: LEVELS C & D

Courses marked Ω are those who have completed the intermediate level, who have some years' experience. Other applicants only accepted after interview. See website for full curriculum.

Over the next two years, we are opening up the upper levels of practitioner training. Those who have completed **Hearkening to the Horse's Mouth** will be invited on the **Co-Walker Sessions** – a series of three courses, leading to registration as practitioners with FiOS. Only those in Co-Walker supervision will be so considered. For full curriculum, see:

www.hallowquest.org.uk/hallowquest-fios-courses.html

Ω **16-17 October 2010 SKILLS & SERVICE Advanced Student's Weekend Supervision and Sharing**, led by Caitlín & co-facilitated by FiOS students. This is a weekend where we explore where we are on our shamanic path, look more closely at our developing skills, discuss supervision and peer review issues and also dream our next steps as shamanic students and practitioners. There will be an opportunity for 4 students to teach a session. This non residential weekend is *open to shamanic students who have completed Intermediate Level courses and have done one or more advanced courses*. Limited to 16 people. Send deposit of £100 to Jane May, Briarwood, Long Wittenham, Oxon OX14 4QW (01865 407680.) *Contact Caitlín first.*



SKILLS & SERVICE and **THE WAY OF COUNCIL** are both ex-curricular non-residential courses held at a new centre in North Moreton, Oxon, near the prehistoric twin hills of Wittenham Clumps, also known as the Sinodun Hills, overlooking a bend of the Thames.

We invite our advanced students to join us and step further on their vocational path!

Ω **27 February-2 March 2011 CRUTHNEACHT: WAY OF THE SHAPERS:** led by Caitlín & Angela Cotter. This NEW residential course teaches how we take the cruths or shapes of our spirits upon us as we learn the principles of Spirit Embodiment. Our animal and otherworldly

spirits are the prime guides and teachers who direct our shamanic work. We are never closer to them than when they become embodied in us. *Cruthneacht* (pronounced KRU-nyokt) is part of the ancestral European embodiment traditions that are our natural heritage, where customs of embodying territorial spirits, seasonal guardians, radiant ancestors and tribal gods kept the world in order: reminders of how we may rededicate and reconsecrate our world. Working closely with our own spirits in journey, ritual, dance, and silence we also explore the shapeshifters' art of Fith Fath, the druidic way of invisibility, when the shapes are hidden from sight for vital protection. Participants will have the opportunity to experience *Cruthneacht* themselves, discovering how the Way of the Shapers can become part of our intimate work with individuals as a way of enabling powerful change, dynamic healing and ecstatic unity. LIMITED TO 24 PLACES. Cowsheds/Skylight £418, Dairy/Dorm/Caravan £402, , Camping/Non-Res £359. Send a £150 non-returnable deposit payable to Caitlín Matthews to Jane May, Briarwood, Long Wittenham, Oxon OX14 4QW (01865 407680) janedmay@btinternet.com.

11-12 June 2011 THE WAY OF COUNCIL with guest teacher Pippa Bondy of *Ancient Healing Ways*, assisted by Caitlín. This non-residential course is held in North Moreton, Oxon. Our indigenous ancestors naturally used "Council" as a means of communication. Sitting in Council offers a way of communicating that encourages both attentive listening and honest and compassionate expression. This practice recognizes that we all share a piece of the truth, that we all have a voice that needs to be heard and a gift to give in the telling of our own story. It helps to build community and trust by listening to the whole circle – the people, the place, the land, the elements, and the animals - the spirit in all life. This is an opportunity to practice and learn a way of being that reaches deep into our soul's knowledge – re-remembering our ancestral and indigenous ways that still live within our bones. *This course is recommended for probationer practitioners under supervision with FiOS.* For Pippa's work see: www.ancienthealingways.co.uk £250 inclusive of teas, exclusive of lunch which may be pre-ordered ahead & paid for on the day, or bring your own lunch. LIMITED TO 15 PLACES. Send a non-returnable deposit of £90 payable to Caitlín Matthews to Jane May, Briarwood, Long Wittenham, Oxon OX14 4QW (01865 407680.) janedmay@btinternet.com

INTRODUCING OUR SHAMANIC CO-TEACHERS in 2010:

WIL KINGHAN is a shaman and Wiccan priest with experience of many magical paths. He leads workshops on Merlin in Britain, France and other Celtic countries. He is a trained counsellor and a Bard with the Order of Bards, Ovates and Druids. He is the artist of *The Shaman's Oracle* by John Matthews. As cofounders of *Mythwood Films*, together they write scripts for tv and film.

CAIT BRANNIGAN is an Ordained Priestess Hierophant in the Fellowship of Isis, a Bean Feasa (Shamanic Practitioner) and Healer working within the traditions of Ireland. Working with individuals at her healing centre in Co. Wexford, she also teaches groups & conducts ceremonies throughout Ireland, working internationally with *Women's Mysteries*, the facilitation of Rites of Passage & sweat lodges within the Irish Tradition.

MARGOT HARRISON has a strong background in student advice and has trained as an Emotional Therapist. She trained with FiOS & has a small Shamanic practice and drumming group in Cheltenham. Working with Daan van Kampenhout in 2010 will add to her understanding of ancestral bequests and their impact.

MAGICAL AND MYTHIC COURSES & OTHER EVENTS

These courses and events are open to all who are on their spiritual path. FiOS MASTERCLASSES marked ⚡ may require some practical experience and familiarity with the topic, as indicated within each announcement.

9-11 APRIL 2010 RENCON – THE GATHERING OF GUILDS. Are you a medieval and renaissance junkie? Do you wear a wimple, use an astrolabe or gaze fondly into Chaucer? Then this is your conference, with events for the discerning traveler in time from retail opportunity to alchemical tarot, Venetian mask-making and Arthurian delight. Evening events include two balls: The Dark Carnivale and the Medieval Masque with music by Qntal. Caitlín & John will be presenting with Brian and Wendy Froud, with many other guests to help explore the mysteries of the medieval era with music, talks, panels, fashion, faeries, crafts and the guild of pilgrims, green

men and wayfarers from times past. Come as you were! Held in Baltimore Marriott Hunt Valley Inn, Hunt Valley, Maryland, USA. <http://www.renconvention.com/>



16 MAY 2010 TOWARDS THE ONE: a Dance Between Love and Wisdom chaired by Clare Goodrich Clarke with Caitlín Matthews & Anne Baring. Caitlín will be speaking about **Serving the Universe**, the vocation of everyday priests & priestesses. The Mayflower conference series explores the ways in which the Divine Feminine chooses to manifest within the Sacred Marriage, in times past, present and to come. Held at North Oxford Association, Summertown, Oxford. For more details contact Jane May 01865 407680 janedmay@btinternet.com

31 MAY-1 JUNE 2010. THE HAY FESTIVAL John & Caitlín will be giving workshops & talks for Storyworld and other children's books here. Hay on Wye. Booking: 01497 822629.

6-8 JULY 2010 R.J.STEWART'S INNER TEMPLE TRADITIONS & INNER

CONVOCAION CLASS This ongoing set of classes is for those who have done Inner Temple and associated Sphere of Art work, at any time or location, with R. J. Stewart and/or his trained teachers. *Not open to new students.* We seek to bring together a British and International group for this event. Our two main themes will include polarity work between Priests and Priestesses in pairs, triads, and groups; and also Purification, redemption, and liberation of various classes of spirit beings. Both themes will include substantial methods not previously taught, and thus form an advanced training for those who have done previous Inner Convocation work and received the Inner Temple Consecration from R.J. Please provide confirmation details of previous classes attended to secure your place on this advanced course to Caitlín Matthews on tigerna9@aol.com. Single £304, Shared £284 Non-res £244. Please send a non-returnable deposit of £100 payable to HAWKWOOD COLLEGE and SAE for map and details to Hawkwood College, Painswick Old Rd., Stroud, Glos GL6 7QW. Tel: 01453 759034 info@hawkwoodcollege.co.uk. www.hawkwoodcollege.co.uk

8-11 JULY 2010 The WAY OF MERLIN: The Prophet, the Goddess & the Land.

The Way of Merlin is a practical guide and set of exercises for inner development, based on ancient spiritual traditions associated with Merlin. His true nature is as a primal prophet, magician, and foolish seeker after truth, with a threefold legendary life embodying the basic stages of consciousness, enlightenment, and spiritual liberation: innocent prophetic youth, madman and hermit in the forest, and wise star-watching elder watching. Earliest bardic sources show that he was taught by sister, wife, and goddess figures. Thus *the Way of Merlin* is a way of the spiritual feminine and masculine interacting together. Work includes techniques of meditation and visualization upon the Seven Wind Directions, and awakening Sacred Space. A primal system is gradually expanded into empowered vision, using imagery from the oldest pre-Arthurian Merlin tradition. Images include the Goddess of the Land, the Ferryman of the Soul, and the Child of Light, & a company of spiritual allies and co-walkers. These bring us into

transhuman consciousness, encountering messengers and teachers of inner wisdom, ancestral stellar spirits, and the primary aspects of Divine Being as understood by the Welsh bards. *This course is open to all. Image by Alan Lee.*



R.J.STEWART is a composer, author, and teacher, with 40 books in publication, translated into many languages worldwide. He is widely experienced in theatre, film, and television, and is a skilled performer and presenter. His unique contribution to the ancient traditions of the Western Mysteries is unparalleled. His best-selling books include *The Merlin Tarot*, *Celtic Gods and Celtic Goddesses*, *The Underworld Initiation* and *The Miracle Tree*. See www.rjstewart.net for more details of his books, courses and recordings.

Single £361, shared £311, non-res £271. Please send a non-returnable deposit of £100 payable to HAWKWOOD COLLEGE and SAE for map and details to Hawkwood College, Painswick Old Rd., Stroud, Glos GL6 7QW. Tel: 01453 759034 info@hawkwoodcollege.co.uk. www.hawkwoodcollege.co.uk

19-22 August 2010 THE MYSTERIES OF ISIS & OSIRIS with Naomi Ozaniec, assisted & introduced by Caitlín Matthews. This is a rare opportunity to participate in the enactment of The Mysteries of Isis and Osiris. These ancient mysteries reliving the death and resurrection of Osiris stand at the source of the Western Mystery Tradition. Embodying the great human themes of love and loss, this story speaks directly to the heart. Work will include group meditation, reflection and ritual as we enact the stages of loss and renewal in this classic initiatory drama. This ancient myth of triumph over death is as potent today as it was in the distant past. The weekend will be experiential and transformative; its gifts bring a sense of rebirth and the greening of the heart. Led by a priestess of rare quality, this course opens up the sacred traditions of Egypt at a time when the core of Western society is being dismembered. We have unprecedented opportunity to discover Isis, the winged Goddess of Ten Thousand Names, whose infinite compassion seeks out the dismembered beloved to preside over the Mysteries of Rebirth in the infinite cycle of being and becoming which makes the world new again. *Please bring a white robe or white clean clothing for the rituals.* Single room @ £361, shared room @ £331, non res @£271. Please send a non-returnable deposit of £100 payable to HAWKWOOD COLLEGE and SAE for map and details to Hawkwood College, Painswick Old Rd., Stroud, Glos GL6 7QW. Tel: 01453 759034 info@hawkwoodcollege.co.uk. www.hawkwoodcollege.co.uk



NAOMI OZANIEC has been involved in the Western Mystery Tradition for over thirty years. She is the Director of Studies in *The House of Life* a contemporary mystery school rooted in Kemet and Hermetic traditions and was the Oracle of Isis at the World Parliament of Religions in Chicago in 1993. Naomi is the author of many books, including *Elements of Egyptian Wisdom*, *Daughter of the Goddess*, *Watkins Tarot Handbook*, *The Chakras*, *Everyday Meditation*. www.thehouseoflife.co.uk, www.naomiozaniec.co.uk

28th AUGUST 2010 EDINBURGH INTERNATIONAL BOOK FESTIVAL. STORYWORLD:
we will both be appearing on this day in the morning. Check <http://www.edbookfest.co.uk>

11 SEPTEMBER 2010 LLANIDLOES MABINOGION FESTIVAL. Caitlín will be presenting **Telling the Story Again: Mabinogion as Myths for Our Time** and a workshop on the oldest animals, **Finding Mabon**. £15 day ticket available from Earthlight Crystals, 26 China Street, Llanidloes, Powys SY18 6AB, 01686 411139, info@earthlightcrystals.co.uk

10-12 DECEMBER 2010 - THE ENCHANTMENT OF STORY: Finding the Hidden Treasures with Caitlín & John Matthews & Anne Lister. When the storyteller begins a story, we are compelled to listen. Storytelling retains its unequalled place as a mode of enchantment that speaks from the landscape of the soul. Stories free us all from the bondage of thoughts and ideas with which others have chained us. They give us choices we may not currently have in life; they arm us with magical tools that enable us to plunge into adventure, helping us to adapt and change as we grow. We invite you to join us in an exploration of the enchantment of stories old and new, to create and enact your own stories and find the sweet and hidden treasures that have been stored like honey in the hive. With songs, stories and a group ritual entitled *The Great Re-Enchantment*. Telling and hearing stories keeps us young at heart, for they carry a deep enchantment that comes from the dawn of time. May that enchantment last as long as ears can hear, wherever stories are told! **ANNE LISTER** is a storyteller and singer-songwriter who has toured in the UK and the USA, and releasing five albums of her songs. FEES: Single: £314 Shared: £294 Non-residential: £254. Please send a non-returnable deposit of £100 payable to HAWKWOOD COLLEGE and SAE for map and details to Hawkwood College, Painswick Old Rd., Stroud, Glos GL6 7QW. Tel: 01453 759034 info@hawkwoodcollege.co.uk. www.hawkwoodcollege.co.uk